



Bwrdd Partneriaeth
Rhanbarthol
Gorllewin Cymru
West Wales
Regional Partnership
Board



DementiaUK
AdmiralNurses
Helping families face dementia

Dementia Action Week Events

Dementia Experience Bus

An immersive and interactive 3-hour immersive session that helps you understand what it may feel like to live with dementia and explore practical changes that support wellbeing.

Who can attend?

Unpaid carers, family members, community members, health and care staff

Important Information:

- Sessions may be emotionally challenging but support will be available
- Advance booking is essential
- Full 3-hour attendance required

Session times:

10:00am – 1:00pm

1:30pm – 4:30pm

How to book:

Scan the QR code to register or email us at wwrpb@carmarthenshire.gov.uk.
More information can be found at wwrpb.org.uk/dementia-bus-2026/

Event Locations:



19 May 2026 – Pembrokeshire
Pembrokeshire Archives,
SA61 2PE



20 May 2026 – Parc Dewi Sant,
Carmarthen, SA31 3HG



21 May 2026 – Ceredigion
Centre for Independent Living, Aberaeron,
SA46 0PA



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Dementia Action Week Events

Specialist Dementia Nurses and Information Stands

45-minute sessions from specialist dementia nurses covering:

- Understanding dementia
- Challenges of caring, including behaviours & physical health
- Looking after your own wellbeing
- Where to find support
- Q&A with an expert

Who can attend?

Unpaid carers, family members, community members, health and care staff

Presentation times:

11:00am – 11:45am

2:00pm – 2:45pm

How to book:

Scan the QR code to register or email us at wwrpb@carmarthenshire.gov.uk.

Information Stands

Drop in between 10:00am – 4:30pm for advice and support from local organisations on the dates below.

No booking needed

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