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| **CARERS HOSPITAL DISCHARGE PACK** | |
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| Image result for hafal crossroads*In partnership with…* | What is this? If you have decided you will be helping to care for someone when they come out of hospital that could not manage without your help, then you are a Carer. You might not have been aware of this, and you might want some support yourself.  Deciding to care for someone who is coming out of hospital and who can no longer care for themselves in the same way as before can be difficult.  This pack is provided to unpaid Carers when the person they will be caring for is in hospital and is being prepared for discharge. It contains information to help the Carer access further support.  The information you receive can vary depending on whether you are accessing services in Carmarthenshire, Ceredigion, or Pembrokeshire. |
| What’s Included?  * Welsh Government Carers Rights Booklet * Carers Wales Factsheet – Assessments Guide * Carers Wales Factsheet – Coming Out Of Hospital * GP Registration/Referral Form & accompanying pamphlet * Regional Carers Information Services Pamphlets & Information | WHat’s NEXT?Patient Discharge All patients being readied for discharge will follow a discharge process, part of which will include an assessment of the patient to see if additional support is required once they are home. Carer’s Needs Assessment As part of the discharge process, staff will help identify Carers for when the patient goes home. As a Carer you are entitled to your own Needs Assessment to help you receive your own support. There is also help and support via other organisations.  If you have any further questions, ask for help and support from the ward staff, and remember to take care of yourself. |