

NO BARS TO MULTIPLY



Don't call it a dream...
...**Call it a plan. Threshold**

Scan me to find out more!



Get ahead by getting on with numbers...

Do you suffer from 'maths anxiety'? Does the thought of maths fill you with dread? Around one in five adults in the UK lack numeracy skills, without which they find it difficult to budget; they feel stressed and insecure about money regardless of their income, and they struggle to overcome barriers to progression in work.

The No Bars to Multiply Project is a new project to support individuals in developing their maths skills.

Interested? Please get in touch with either
Melissa at MSelby@threshold-das.org.uk / 07494866899
or Hannah at HJenkins@threshold-das.org.uk / 07951949915
For more information, scan the QR code and visit our website.

The No Bars to Multiply Project will provide opportunities in training and support into employment for people and communities in Wales. This project is funded by the UK Government through the UK Shared Prosperity Fund (UKSPF).

Training and project activities are available face-to-face and/or online*. Eligibility criteria applies - open to residents in the unitary authority of Carmarthenshire.
(*Subject to participant numbers)

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Sganiwch fi i ddarganfod mwy!



Ewch ymlaen trwy fwrw ymlaen â rhifau...

Ydych chi'n dioddef o 'bryder mathemateg'? Ydy meddwl am fathemateg yn eich llenwi ag ofn? Mae tua un o bob pump o oedolion yn y DU heb sgiliau rhifedd, a hebddynt maent yn ei chael yn anodd cyllidebu; maent yn teimlo dan straen ac yn ansicr ynghylch arian, beth bynnag fo'u hincwm, ac maent yn cael trafferth goresgyn rhwystrau i gamu ymlaen mewn gwaith.

Mae'r Prosiect 'No Bars To Multiply' yn brosiect newydd i gefnogi unigolion i ddatblygu eu sgiliau mathemateg.

Diddordeb? Cysylltwch â'r naill neu'r llall

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I gael rhagor o wybodaeth, sganiwch y cod QR ac ewch i'n gwefan.

Bydd y Prosiect 'No Bars To Multiply' yn darparu cyfleoedd hyfforddiant a chymorth i gyflogaeth i bobl a chymunedau yng Nghymru. Ariennir y prosiect hwn gan Lywodraeth y DU drwy Gronfa Ffyniant

Mae hyfforddiant a gweithgareddau prosiect ar gael wyneb yn wyneb a/neu ar-lein*. Mae meini prawf cymhwysedd yn berthnasol - yn agored i drigolion yn awdurdod unedol Sir Gaerfyrddin.

(*Yn amodol ar nifer y cyfranogwyr)

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