



## **Short Breaks for Carers from the Time Out Carers Fund**



## **Arts & Crafts**

***Free Art & Craft courses for all abilities are being held at the Community Centre - opportunities for the Carer to attend alone or with the person they support.***

***The first taster session will be held in the Coffee Bar on Friday 6<sup>th</sup> September from 10am to 11.30am.***

***Further weekly sessions will then be held from the 25<sup>th</sup> October until February 2025.***

***All materials will be provided along with friendly tuition delivered in a relaxed and informal environment.***

***No need to book a place simply turn up on the day to meet your tutor Sylvie and enjoy some relaxing time with fellow Carers.***

***Light refreshments will be provided, for further information message the Community Centre Facebook page or ring 07377652328.***