



Bwrdd Partneriaeth  
Rhanbarthol  
Gorllewin Cymru

West Wales  
Regional Partnership  
Board

# WEST WALES REGIONAL PARTNERSHIP BOARD NEWSLETTER

A very warm welcome to the fourth edition of the West Wales Regional Partnership Board Newsletter.

Through our newsletters we want to introduce members of the West Wales Regional Partnership Board (WWRPB) Team, what their role is and what they do across the health and social care sector in West Wales.

Our focus in this newsletter is on Michael and Nikeela, who are leading on communication and engagement for the WWRPB

## Our Role in Communication and Engagement in West Wales



Regional Partnership Boards must ensure that all partners including health services, local councils and some other organisations work effectively together to improve health outcomes for people in their region. They must ensure that services and resources are used in the most effective and efficient way to meet the care and support needs of people in their region.

Every five years the RPB develops a Population assessment for West Wales ([www.rpb.org.uk/wp-content/uploads/Population-Needs-Assessment-revision-V2-FINAL-v3-Accessible-FINAL.pdf](http://www.rpb.org.uk/wp-content/uploads/Population-Needs-Assessment-revision-V2-FINAL-v3-Accessible-FINAL.pdf)), followed by a regional Area Plan that is based on these findings ([Area Plan – West Wales Regional Partnership Board \(www.rpb.org.uk\)](http://www.rpb.org.uk)). To ensure that the care and support services are developed in response to the needs identified, it is essential to engage with and reflect the voice of people with lived experience. Our continuous engagement approach ranges from input from the long-standing and informal Dream Team, who focus on LD and neurodiversity, to the newest group, the Citizen and third Sector Engagement Board, amongst others.



To develop robust processes for monitoring, improving and reporting performance, the WWRPB Team facilitates meetings and events that bring together a range of partners to collaborate on service development and share learning. Some events, such as the Annual Conference in March, ([Conference and Awards 2024 – West Wales Regional Partnership Board \(wwrpb.org.uk\)](https://www.wwrpb.org.uk)) cover a range of topics and population groups, whilst others throughout the year are developed around specific priorities of the RPB.

Since April, the team has delivered the launch of the regional Advocacy Strategy, a Dementia -End of Life Conference, workshops for Regional Integration Fund performance and reporting and workshops to develop the regional approach to NEST, all of which have included input and support from project leads and services across the public, private and third sectors.

Each year, we work closely with our team and partners to create an Annual Report showcasing the impact and achievements of everyone who contributes to the work overseen by RPB

## Meet Michael and Nikeela



In 2014, Michael became a Business Support and Finance Officer for the Mid & West Wales Health and Social Care Collaborative, now known as West Wales Partnership Board. His role was later expanded to include communication responsibilities.

Originally from South London, he aspired to become an Architect but shifted to accountancy, starting as a bookkeeper for a Building Company in South-West London and progressing after a few financial roles in the public and private sectors, to a Management Accountant at Lazard London. After redundancy, Michael worked in an Interventions team at the Young Offenders Institute Isis, organizing accredited offender behaviour programs for young offenders' rehabilitation. Later in Wales, he moved into administrative and compliance roles organising and delivering accredited training courses for individuals with LD & pan disabilities. Grateful for the invaluable experience

gained from working alongside talented and dedicated colleagues over the years, Michael says their commitment and expertise has shaped his professional growth.

Passionate about photography & videography, he captures key moments at a variety of events, including sporting moments with stars like LeBron James and Usain Bolt in 2009. Michael believes each image or video clip contributes to a broader story, creating a powerful, immersive experience.



Nikeela joined the WWRPB in May 2023 as a Project Manager. In this role, she provides project management support to both the internal team and external partners. A key part of her position is focused on the WWRPB's external communications, ensuring that its work and impact are communicated to a wider audience.

Part of Nikeela's role when she first joined the team was to recruit individuals with lived experience onto the WWRPB main board meeting and its workstreams. The role as a lived experience representative typically lasts two years and involves being in a corporate environment. This could be challenging for those not used to attending large-scale meetings.

To make the role more accessible and inclusive, we have created a new platform called the Citizen and Third Sector Engagement Board. This board welcomes new members all year-round and serves as a starting point for individuals interested in contributing to the WWRPB.

From the Engagement Board, we will identify suitable candidates to participate in the main WWRPB meeting. This approach ensures that people can engage at a level that best suits their availability and interests.

We will apply the same principle to our workstreams, such as dementia and carers, offering multiple entry points for involvement.

If you do decide to take up a role on a workstream or the board meeting you do not have to attend the engagement board meetings as well, it's completely up to you how much you want to be involved in the WWRPB.

## Citizen and Third Sector Representative



We have now hosted three meetings of the citizen and third sector representatives board. It was fantastic to see so many people sharing their experiences of health and social care.

The meetings so far have focused on:

- Attendees' roles in the WWRPB and the importance of continuous engagement in regional health and social care projects and services.
- A consultation about how neurodiverse aware West Wales is. (Report Available)
- The WWRPB Capital Team Health and Social Care Hwbs blueprint planning and a briefing on <https://carerssupportwestwales.org/>

If you would like to come along to the next meeting on the 27th August 2024 at 1pm in Narbeth, please give us a message at [wwrpb@carmarthenshire.gov.uk](mailto:wwrpb@carmarthenshire.gov.uk). At the next meeting the ICMDT Team will be presenting their hospital discharge process and asking for the boards thoughts on this. Then we will be reviewing the carers strategy survey results.

These meetings will be monthly for the first 6 months and bi-monthly thereafter. Its an opportunity to get involved with all aspects of the WWRPB work and share your experiences of health and social care in West Wales.

### **If you would like to get involved:**

Please message us at [wwrpb@carmarthenshire.gov.uk](mailto:wwrpb@carmarthenshire.gov.uk) for more information on the Citizen and Third Sector representative meetings.

Or visit our website [West wales – West Wales Regional Partnership Board \(www.wales-west-wales-regional-partnership-board.org.uk\)](http://www.wales-west-wales-regional-partnership-board.org.uk) to learn more about the role!

**The Citizen and Third Sector Engagement Board will be open to recruitment all year round.**



## Are you involved with an unpaid Carers Group?

We have analysed the responses to the carers survey which will inform the Carers Strategy 2025 - 2030, this is where we priorities future work for unpaid carers across West Wales.

We want to hear more from the carer community of all ages and make sure our findings reflect the needs of different parts of the region. We'd like to share the survey results with your group, either in person or online, to get your feedback.

We're flexible with the time available. If you only have ten minutes, we can focus on a specific survey question or finding that directly impacts your group. Otherwise, we're happy to dive deeper into the results.

We believe it's essential to include a wide range of perspectives in shaping the Carers Strategy 2025-2030. Since this strategy will determine financial priorities, it's crucial that the voices of carers are central to the decision-making process.

Please contact us at [wwrpb@carmarthenshire.gov.uk](mailto:wwrpb@carmarthenshire.gov.uk) if you have a group or forum that Nikeela can visit.

## Check out our Case Study Videos!

Case studies serve as real-life examples that highlight teamwork and outcomes.

We have been filming the world of health and social care in West Wales, creating case study videos that illustrate the impact of health and social care initiatives throughout the region.

Given the Welsh Government's emphasis on showcasing the impact of change, these videos are so important. Capturing the positive changes that these projects have brought about.

**Check them out on the links below:**



[Young Carers Milford Haven School](#)



[Claire - Catalysts for Care](#)



[Elma's Story - Catalysts for Care](#)

## WWRPB Conference and the West Wales Health and Social Care Awards 2025



The WWRPB Conference and the West Wales Health and Social Care Awards was so well received this year that we now have a date in the diary for next year. We are pleased to announce that the next conference will take place on **Tuesday 11th March 2025 at the Parc Y Scarlets**. This event is an opportunity to bring together staff from Carmarthenshire County Council, Pembrokeshire County Council, Ceredigion County Council and Hywel Dda Health Board.

Last year, we held eight workshops that showcased and discussed regional projects, providing an excellent opportunity to bring together directors, service leads, and operational staff. In the afternoon, the West Wales Health and Social Care Awards took place, featuring six award categories open to all individuals working or volunteering in the health and social care sector in West Wales.

**The West Wales Health and Social Care Award nominations will open shortly!**

## Get ready for even more awards categories next year!

Check out what took place at the Conference and Awards 2024:

[WWRPB Conference & Awards 2024 – West Wales Regional Partnership Board](#)

Should you wish to contribute a project or workshop item to the 2025 Conference, please reach out to us at [wwrpb@carmarthenshire.gov.uk](mailto:wwrpb@carmarthenshire.gov.uk).

## WWRPB Annual Report 2023 - 2024



### WEST WALES REGIONAL PARTNERSHIP BOARD

**ANNUAL REPORT 2023-24**

West Wales Regional Partnership Board Annual Report 2023-24

The WWRPB 2023 - 2024 Annual Report has been finalised, translated, and formatted into an easy read version. It is now available on our website. This annual report showcases the advancements made by the West Wales Regional Partnership over the past year.

English: [WWRPB Annual Report 2023-24 – West Wales Regional Partnership Board](#)

Welsh: [Adroddiad Blynyddol 2023-24 – West Wales Regional Partnership Board \(wwrpb.org.uk\)](#)

Easy Read English: [WWRPB Annual Report 2023-24 – Accessible Version – West Wales Regional Partnership Board](#)

Easy Read Welsh: [Adroddiad Blynyddol 2023-24 fersiwn hawdd ei ddeall – West Wales Regional Partnership Board \(wwrpb.org.uk\)](#)



## Mid and West Wales Regional Safeguarding Board for Adults (CWMPAS) Service User Representative Recruitment Advert



Are you an adult with lived experience of safeguarding services, living in Carmarthenshire, Ceredigion, Pembrokeshire or Powys whom can offer an informed perspective on the quality and delivery of Safeguarding services in the Mid and West Wales region? The Mid and West Wales Regional Safeguarding Board for Adults (CWMPAS), is looking to recruit a service user representative to be a member of its Regional Executive Adult Board. This will be a pilot exercise over a 1 year fixed term period. Your role will ensure the perspective and voice of adults at risk is represented and considered in the business of the Board and your lived experience informs strategic objectives and plans.

Your role and responsibilities will include:

- To attend approximately four Regional Safeguarding Board meetings per year (virtual attendance can be facilitated).
- To attend other relevant regional meetings as appropriate and as agreed between you and the Chair.
- To adequately prepare for Regional Safeguarding Board meetings by reading board papers and agenda in advance of the meeting.
- To maintain the confidentiality of agenda papers, discussion and decisions made. To provide a service user perspective to the business of the Regional Safeguarding Board.
- To contribute to the development of plans and proposals, providing constructive input from a service user perspective.
- To provide a link between the Regional Safeguarding Board and other service users where appropriate.

You will report to the Regional Safeguarding Board Chair and will receive direct support from the Strategic Regional Safeguarding Manager for Children and Adults at Risk. Full Reimbursement of reasonable expenses can be claimed.

To arrange an informal discussion with the Regional Safeguarding Manager or to request an information pack, please email [CWMPAS@Pembrokeshire.gov.uk](mailto:CWMPAS@Pembrokeshire.gov.uk) or phone 01437775200.

Applications are invited by way of a covering letter to the Mid and West Wales Regional Safeguarding Board Chairs Michael Gray and Jake Morgan. Please ensure this includes, your motivation for applying, your lived experience as a service user of safeguarding services and how you feel you can contribute to the Regional Safeguarding Board and its development and response to Adults at risk in Mid and West Wales. The role will require a basic DBS check to be undertaken. The closing date for applications will be Friday 13th September 2024

Please send covering letter FAO Michael Gray and Jake Morgan to [CWMPAS@Pembrokeshire.gov.uk](mailto:CWMPAS@Pembrokeshire.gov.uk)

Please note interviews will take place on Friday 4th October 2024.

## Upcoming Events

### Living Well Events: Carmarthenshire

A series of living well events are taking place in rural Carmarthenshire.

These events are aimed at all ages and give you an opportunity to take part in health and wellbeing activities.

Below are confirmed dates of the next events:

Tumble Hall	18/09/2024	10 am - 2pm
Whitland Memorial Hall	23/10/2024	10am - 2pm
Kidwelly -Princess Gwenllian Hall	29/11/2024	10am - 2pm

The WWRPB attended one of their events that took place in August and will provide an update in the next newsletter.

### Citizen and Third Sector Engagement Board



If you would like to come along to the next meeting on the **27th August 2024 at 1pm in Narbeth**, please message us at [wwrpb@carmarthenshire.gov.uk](mailto:wwrpb@carmarthenshire.gov.uk). At the next meeting we will be reviewing the carers strategy survey results and planning the WWRPB conference and awards 2025.

# Fy iechyd, fy newis

# My health, my choice



**Arddangosfa iechyd a lles Gofal Sylfaenol a Chymunedol**

**Primary Care and Community health and well-being showcase**

Dewch i glywed mwy am yr hyn sydd ar gael yn eich ardal a rhannwch eich syniadau ar gyfer y dyfodol.

Find out more about what is available in your area and share with us your ideas for the future.

Galwch heibio unrhyw bryd yn ystod yr amseroedd isod a rhannwch eich barn dros baned.

Drop in anytime during the times shown below and share your views with us over a cuppa.

Amser / Time	Dyddiad / Date	Leoliad / Location
2pm - 6:30pm	5 Medi 2024 5 September 2024	Neuadd Bentref Bancyfelin, <b>Bancyfelin</b> , SA33 5ND Bancyfelin Village Hall, <b>Bancyfelin</b> , SA33 5ND
2pm - 6:30pm	11 Medi 2024 11 September 2024	Neuadd Regency, <b>Saundersfoot</b> , SA69 9NG Regency Hall, <b>Saundersfoot</b> , SA69 9NG
2pm - 7pm	12 Medi 2024 12 September 2024	Neuadd Goffa Pontyberem, <b>Pontyberem</b> , SA15 5HU Pontyberem Memorial Hall, <b>Pontyberem</b> , SA15 5HU
2pm - 7pm	19 Medi 2024 19 September 2024	Neuadd Tysul, <b>Llandysul</b> , SA44 4QL Tysul Hall, <b>Llandysul</b> , SA44 4QL
2pm - 7pm	24 Medi 2024 24 September 2024	Yr Hwb, Canolfan Gymunedol Penparcau, <b>Aberystwyth</b> , SY23 1RU The Hub, Penparcau Community Centre, <b>Aberystwyth</b> , SY23 1RU
10am - 5pm	25 Medi 2024 25 September 2024	HaverHub, Yr Hen Swyddfa Bost, Stryd y Cei, <b>Hwlfordd</b> , SA61 1BG HaverHub, The Old Post Office, Quay Street, <b>Haverfordwest</b> , SA61 1BG
2pm - 7pm	26 Medi 2024 26 September 2024	Ffwrn Fach, Hwb Celfyddydau, Iechyd a Llesiant, <b>Llanelli</b> , SA15 3YE Ffwrn Fach, Arts, Health & Wellbeing Hub, <b>Llanelli</b> , SA15 3YE


**Neu ymunwch â ni ar-lein!**

Rydym hefyd yn cynnal digwyddiadau ar-lein:

- 11 am, dydd Mawrth 10 Medi
- 6 pm, dydd Llun 16 Medi

I gofrestru, ewch i'n gwefan.

Am fwy o wybodaeth ewch i [www.dweudeichdweud.biphdd.cymru.nhs.uk](http://www.dweudeichdweud.biphdd.cymru.nhs.uk)  
neu ffoniwch 0300 303 8322





**Or join us online!**

We are also holding online events:

- 11am, Tuesday 10 September
- 6pm, Monday 16 September

To register, please visit our website.

For more information go to [www.haveyoursay.hduhb.wales.nhs.uk](http://www.haveyoursay.hduhb.wales.nhs.uk)  
or call 0300 303 8322



## Are you following us?

We have recently started a LinkedIn page, give us a follow and mention us in your posts when you get involved with the work we do. We would love to hear it!



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on LinkedIn @ West Wales Regional  
Partnership Board



on our website @  
<https://www.wwrpb.org.uk/>

## Contact Us

If you have content you would like to share across our media channels, or any suggestions for future editions please do let us know at [wwrpb@carmarthenshire.gov.uk](mailto:wwrpb@carmarthenshire.gov.uk). The team look forward to hearing from you and developing the newsletter into a useful and informative resource. Your feedback will help us to deliver that and ensures that the newsletter is getting out there and being read!



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