



**ATTENTION ALL UNPAID CARERS**

**Come and join us!**

**Clynfyw Carers' group**

at Clynfyw Farm, Abercych, SA37 0HF

Thursday 23rd January 10-12, followed by  
Saturday 1st February.

A safe space to come and chat about anything  
and everything!

Every third Thursday and first Saturday  
of the month thereafter.

£2.00 for unlimited tea, coffee and biscuits.



**FOR MORE INFORMATION CONTACT LIZZIE:**

**07838 840593**

**adminCBS@clynfyw.co.uk**