

**Proposed priorities for the next
Carers Strategy for West Wales 2025-2030**

We welcome your views

CLOSES 3rd March 2025

Unpaid carers of all ages in West Wales should be visible, feel valued and be supported.

These are the proposed priorities that will form the foundation for the next Carers Strategy for West Wales 2025-2030 and are based on the conversations that we have had with unpaid carers and organisations that support unpaid carers, over the past 9 months.

If you'd like to help shape the priorities and actions for the Carers Strategy, please complete the following short survey by 3rd March 2025.

Research shows that many people in Wales don't see themselves as unpaid carers. If you regularly look after a family member, friend or neighbour who may not be able to cope without some sort of help, whether it be the grocery shop or providing more intense personal support, you would be considered to be an unpaid carer. Unpaid carers don't always need or want support but circumstances can change, both over time or unexpectedly, leading to a possible point of crisis or deterioration of health and or wellbeing.

Questions:

1. About you, tick all that apply:

- I currently provide unpaid care to a family member or friend or have provided care in the past 12 months
- I have previously provided unpaid care to a family member or friend
- I have never been an unpaid carer, although I currently / previously support someone who is
- An organisation that provides support to carers

2. Do you agree with the priority - **Carers are Visible and feel Valued?**

Yes/No

If no, please explain.....

3. Do you agree with these proposed actions to support the priority - Carers are Visible and feel Valued

Actions:

Celebrate and promote the value of carers –

- Participate in national, regional and local carer campaigns
- Participate in local community events
- Promote carers ID Card schemes
- Increase awareness of the Carers Support West Wales website

Increase Organisational awareness –

- Deliver schemes such as 'Investors in Carers' to encourage the early recognition of carers of all ages and increase awareness of support available
- Encourage local employers to identify and support staff who have caring responsibilities

Provide carer aware training -

- Implement carer aware training for professionals and volunteers, delivering in a variety of ways including: e-learning, webinars and in-person sessions

Yes/No

If no, please suggest any alternatives.....

4. Are there other actions that should be taken to support the priority - Carers are Visible and feel Valued?

Yes/No

If yes, please suggest any additional actions.....

5. Do you agree with the priority - Carers are Supported?

Yes/No

If no, please explain.....

6. Do you agree with these proposed actions to support the priority -Carers are Supported?

Actions:

Ensure the right information is available at the right time

- Information is available in a range of formats including the Carers Support West Wales website, leaflets, posters and face to face advice
- Health and social care professionals such as nurses, pharmacists, GPs, social care staff and voluntary sector will be supported to help signpost to appropriate services to support carers

Implement a 'No Wrong Door' approach

- Local authorities, the Health Board, voluntary sector and carers will work together to develop and improve services to meet local and regional needs
- With consent, we will make sharing of information easier between partners and services so that carers do not have to keep explaining their caring circumstances

Offer a range of services to respond to carers needs

- Carers are offered a 'what matters to me' conversation in a language of their choice
 - Carers can access support to gain skills, seek employment, or retain existing employment
 - A diverse range of short break opportunities will be made available (subject to eligibility assessment and available funding)
 - Information about Advocacy and cost of living advice services will be promoted
- Peer support groups and carer networks in the region will be available to provide support to carers

Yes/No

If no, please suggest any alternatives.....

7. Are there other actions that should be taken to support the priority (Carers are Supported)?

Yes/No

If yes, please suggest any additional actions.....

8. What other measures could be used to demonstrate that things are changing and improving?

Measurable benefit
5% increase each year in the number of adult carers supported by Carers Information Services.
5% increase each year in the number of young carers supported by Carers Information Services.
5% increase each year in the number of young adult carers supported by Carers Information Services.
15% increase each year in settings across West Wales who engage in the Investors in Carers scheme .
Percentage of adult carers each year who report that the support they accessed has promoted wellbeing and/or achievement of personal outcomes.*
Percentage of young adult carers each year who report that the support they accessed has promoted wellbeing and/or achievement of personal outcomes.*
Percentage of young carers each year who report that the support they accessed has promoted wellbeing and/or achievement of personal outcomes.*
15% increase each year in the number of carers supported by Carers Discharge Support Services .
Percentage of young and young adult carers who feel they are receiving support that meets their needs as a carer.*
15% increase each year in the number of visits to the regional carers' website .
10% increase in Investors in Carers Award

Please state.....



Support Websites

Carers Support West Wales: <https://carerssupportwestwales.org/support/>

DEWIS: <https://www.dewis.wales/>

Carers ID cards Carmarthenshire: <https://www.carmarthenshire.gov.wales/home/council-services/social-care-health/support-for-carers/carers-card/>

Carers ID cards Pembrokeshire: <https://www.pembrokeshire.gov.uk/unpaid-carers>

Carers ID cards Ceredigion: <https://www.ceredigion.gov.uk/resident/wellbeing-and-care/support-for-carers/carer-card/>

Are you aware of the connecting websites for your county?

Connect Carmarthenshire: <https://connectcarmarthenshire.org.uk/>

Connect Pembrokeshire: <https://www.connectpembrokeshire.co.uk/>

Connect Ceredigion: <https://connectceredigion.org.uk/>

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