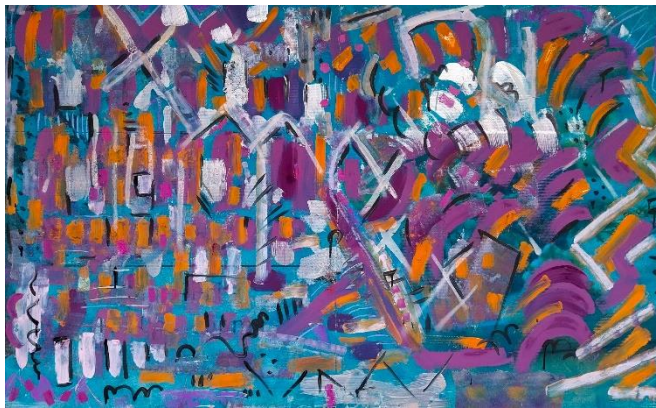




Young Carers Workshop Programme

Dates: 25th – 28th February **Time:** 10-4(Tue-Thur) 11-5 (Fri) **Venue:** SPAN Arts

During the week, young carers will have the chance to explore a range of artistic practices, guided by local artists who bring a wealth of creative experience. Artist Kelly-Marie Howlett, who co-facilitated last years' sessions, will be in the workshops throughout the week, offering a unique opportunity for participants to engage with different forms of art, creativity, and wellbeing.



Kelly-Marie Howlett



I am a Welsh neurodivergent fine artist and creative wellbeing practitioner with a Master's in Art, Health & Wellbeing. My holistic practice draws on sensory experiences, music, and the environment, creating layered, intuitive works that reflect movement and emotion. With extensive experience delivering community workshops, I use my neurodivergent perspective to connect with others' challenges, blending creativity and wellbeing to inspire, empower, and foster emotional release.



Tuesday 25th February // 10-4pm – Ffion Taverner Natural Colour Workshop

This workshop will be a hands-on experimental session all about natural colour, we will explore different methods of extracting colour from our homegrown flowers and plants to create an



experimental spectrum of colour on natural fabrics.

We will learn how to create dye baths and how to extend our colour ranges using natural modifiers, as well as more experimental methods of transferring colour onto fabric, like the bundle dyeing technique. This is using a steaming method to extract colour and texture onto fabric. This playful session will begin to unfurl your curiosities when it comes to colour, layering, submerging, steaming, seeing and creating.

Wednesday 26th February //10-4pm – Lily Rowles



Illustration

I'm an illustrator-educator from West Wales, and I'll be delivering a workshop that explores character design, sequential illustration, and mood creation through drawing, collage, and concertina bookmaking. It will be a fun, hands-on day, with everyone leaving with

their own illustrated story to take home.



Thursday 27th February // 10-4pm – Evie Morris

Printmaking



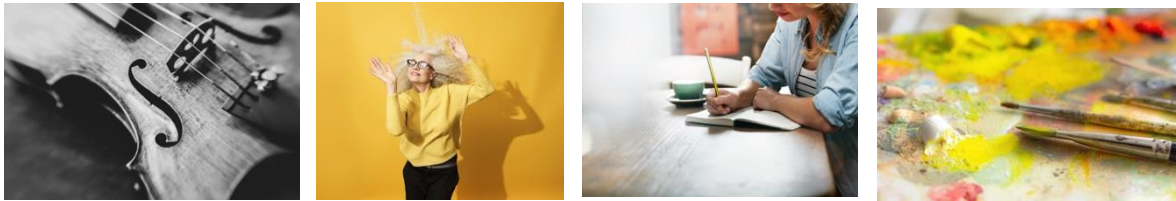
During the workshops we will be using a variety of printmaking methods to make vibrant and colourful t-shirts and tote bags. Each design will be uniquely created by the participants, using a mixture of lino cut, recycled collagraph and other experimental



relief printing techniques to make wonderfully personal bags and shirts. In the workshop, participants will learn about how to use different printmaking techniques and get stuck in with cutting their designs, mixing inks and printing them ready to take home and wear at the end of the day.

Friday 28th February// Time: 11-5pm

Day Trip to Natural Consequences sharing at Rhos y Gilwen



As part of the "Love Stories to Nature" project, four artists have been collaborating on a piece of art in which each artist's work responds to the previous one in their respective medium. The result is a transformative chain of creativity, where each artwork influences the next. Young Carers participants will embark on a trip to Rhos y Gilwen to witness the culmination of this creative journey, seeing how the artists' works have evolved and transformed over the past few months.

Information & Details

Sessions run Tuesday 25th – Friday 28th February (February Half term) 10am – 4pm.

Sessions are free, with all materials provided.

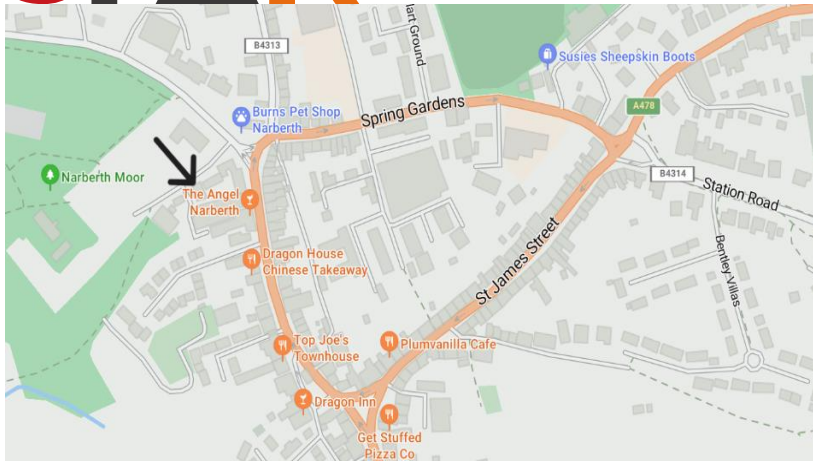
There will be refreshments, lunch and a relaxation/quiet area available throughout.

Transport will be provided to and from SPAN on the Friday for the daytrip

Transport will be provided to and from home if needed, just let us know.

All sessions take place at SPAN Arts, Town Moor, Narberth, Pembrokeshire SA67 7AG.

Please see a map of Narberth below, with an arrow pointing to the SPAN Arts building, and a photograph of the SPAN Arts building entrance.



We understand there may be things that make it difficult to attend a session. Please let us know if there is anything else that we can do to support you coming along.

Feel free to come along to as many or as few sessions as you are able or would like to.

If you plan to come to a workshop, have any questions, or you would like to chat anything through please email or call Bethan on 01834 869323 or

info@span-arts.org.uk.

We look forward to seeing you there!