

Darpariaeth Seibiannau Byr ar gyfer 2025

Short Break Provision for 2025

0-25 Disability Team



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Darpariaeth Gwyliau i Blant Anabl yn ystod Gwyliau 2025

Ein nod yw darparu'r ystod fwyaf o opsiynau i blant a theuluoedd ar draws y sir.

Mae'r canllaw hwn yn rhoi manylion am yr opsiynau i ddewis o'u plith ac yn cynnwys y manylion cyswllt ar gyfer archebu a gwneud ymholiadau am y gwasanaeth unigol.

Mae 2 adran yn y canllaw hwn:

1. Clybiau a Gweithgareddau Gwyliau Arbenigol i Blant Anabl
2. Clybiau Gwyliau nad ydynt yn rhai arbenigol a allai roi cymorth i Blant Anabl

Holiday Provision for Disabled Children and Young People 2025

Our aim is to provide the greatest range of options for children and families across the county.

This guide provides some details of the options to choose from and includes the contact details for booking and enquiries about the individual service.

There are 2 sections in this guide:

1. Specialist Holiday Clubs and Activities for Disabled Children
2. Non-Specialist Holiday Clubs who may be able to provide support for Disabled Children

You will notice that this year we have more provision available, please read carefully as some provision is in Llanelli and some in Carmarthen. There is one booking link for People Support (both age groups) and one booking form for Crossroads (both age Groups) Crossroads are providing the clubs in Carmarthen and People Support are in Llanelli.

1. Darpariaeth Arbenigol

Gwasanaethau ar gyfer plant anabl na allant gael mynediad i glybiau neu ddarpariaethau prif ffrwd yw'r rhain. Mae'r gwasanaethau hyn yn cael eu cynnal gan ddarparwyr arbenigol sydd wedi'u cofrestru ag Arolygiaeth Gofal Cymru ac yn cael eu comisiynu gan Gyngor Sir Caerfyrddin.

Darparwr Gwasanaeth	People Support
Beth fydd yn cael ei ddarparu?	Mae'r Clwb Sadwrn yn Coleshill, Llanelli, SA15 3BT. Mae'r Clwb Haf yn Ysgol Pen Rhos, Copperworks Road, Llanelli, SA15 2NG.
Ar gyfer pwy ydyw?	Plant a phobl ifanc ag anabledd, nad ydynt yn gallu cael mynediad at glybiau prif ffrwd. <u>Clwb Sadwrn (5-12 oed): 9.00AM – 12.00PM</u> Bob dydd Sadwrn yn ystod y tymor yn Coleshill, Llanelli i blant rhwng 5-12 oed. <u>Dyddiadau Clwb Haf i blant dan 12 oed (4-11 oed): 9.00AM – 3.00PM</u> Gwyliau'r Haf Wythnos 2 - Dydd Llun 28 Gorffennaf Dydd Mawrth 29 Gorffennaf Dydd Mercher 30 Gorffennaf Dydd Iau 31 Gorffennaf Dydd Gwener 1af Awst Gwyliau'r Haf Wythnos 4 - Dydd Llun 11eg Awst Dydd Mawrth 12 Awst Dydd Mercher 13 Awst Dydd Iau 14 Awst Dydd Gwener 15 Awst Gwyliau'r Haf Wythnos 6 - Dydd Mawrth 26 Awst Dydd Mercher 27 Awst Dydd Iau 28 Awst Dydd Gwener 29 Awst



	<u>Dyddiadau Clybiau Haf i blant dros 12 oed (12-18 oed): 9.00AM – 3.00PM</u> Gwyliau'r Haf Wythnos 1 - Dydd Llun 21 Gorffennaf Dydd Mawrth 22 Gorffennaf Dydd Mercher 23 Gorffennaf Dydd Iau 24 Gorffennaf Dydd Gwener 25 Gorffennaf Gwyliau'r Haf Wythnos 3 - Dydd Llun 4ydd Awst Dydd Mawrth 5ed Awst Dydd Mercher 6ed Awst Dydd Iau 7 Awst Dydd Gwener 8fed Awst Gwyliau'r Haf Wythnos 5 - Dydd Llun 18 Awst Dydd Mawrth 19 Awst Dydd Mercher 20 Awst Dydd Iau 21 Awst Dydd Gwener 22 Awst
Manylion cyswilt ac archebu	Mae'r clwb Sadwrn yn cael ei reoli gan People Support, ewch i'w gwefan i gofrestru ac archebu. Bydd holl archebion Clwb Haf yn mynd trwy Elen Jones (Swyddog Comisiynu, Anghenion Cymhleth), Sophie Lawson (Swyddog Monitro Contractau) ac Aeyshea Butcher (Brocer). Dilynwch y ddolen hon ar gyfer ffurflen archebu'r Haf: https://forms.office.com/e/ArJxLK95d2 Dyddiad cau'r ffurflen: 31 Mai 2025. Os oes gennych unrhyw ymholiadau, cysylltwch â Andrew Downey, Chymorth Pobl ar 07403904687 Neu Elen Jones, Sophie Lawson ac Aeyshea Butcher: elijones@carmarthenshire.gov.uk slawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	Clwb Sadwrn - £15 y sesiwn Clwb Haf - £20 y sesiwn

1. Specialist Provision

These are services for Disabled Children and young people who cannot access mainstream clubs or provisions. They are run by specialist providers who are registered with Care Inspectorate Wales and Commissioned by Carmarthenshire County Council.

Service Provider	People Support
What will be provided?	The Saturday Club is at Coleshill, Llanelli, SA15 3BT. The Summer Club is at Ysgol Pen Rhos, Copperworks Road, Llanelli, SA15 2NG.
Who is it for?	Children and young people with a disability, who cannot access mainstream clubs. <u>Saturday Club (5-12 years): 9.00AM – 12.00PM</u> Every Saturday during term time at Coleshill, Llanelli for children aged between 5-12 years old. <u>Summer Club Dates for Under 12's (4-11 years): 9.00AM – 3.00PM</u> Summer Holidays Week 2 - Monday 28th July Tuesday 29th July Wednesday 30th July Thursday 31st July Friday 1st August Summer Holidays Week 4 - Monday 11th August Tuesday 12th August Wednesday 13th August Thursday 14th August Friday 15th August Summer Holidays Week 6 - Tuesday 26th August Wednesday 27th August Thursday 28th August Friday 29th August

	<u>Summer Club Dates for Over 12's (12-18 years): 9.00AM – 3.00PM</u> Summer Holidays Week 1 - Monday 21st July Tuesday 22nd July Wednesday 23rd July Thursday 24th July Friday 25th July Summer Holidays Week 3 - Monday 4th August Tuesday 5th August Wednesday 6th August Thursday 7th August Friday 8th August Summer Holidays Week 5 - Monday 18th August Tuesday 19th August Wednesday 20th August Thursday 21st August Friday 22nd August
Contact and Booking Details	The Saturday club is managed by People Support, please visit their website to register and book. All Summer Club bookings will go through Elen Jones (Commissioning Officer, Complex Needs), Sophie Lawson (Contract Monitoring Officer) and Ayshea Butcher (Broker). Please follow this link for the Summer booking form: https://forms.office.com/e/ArJxLK95d2 Form closing date: 31st May 2025. Any queries, please contact Andrew Downey, People Support on 07403904687 Or Elen Jones, Sophie Lawson and Ayshea Butcher: elijones@carmarthenshire.gov.uk slawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	Saturday Club - £15 per session Summer Club - £20 per session

Darparwr Gwasanaeth	Clybiau Haf Crossroads (dan 12 oed a thros)
Beth fydd yn cael ei ddarparu?	Bydd y ddarpariaeth dan 12 oed a phobl dros 12 oed yn Uned Myrddin, Caerfyrddin, SA31 1TE.
Ar gyfer pwy ydyw?	Plant a phobl ifanc ag anabledd, nad ydynt yn gallu cael mynediad at glybiau prif ffrwd. <u>Dyddiadau Clwb Haf i blant dan 12 oed (4-11 oed): 9.30AM – 3.30PM</u> Gwyliau'r Haf Wythnos 3 - Dydd Llun 4ydd Awst Dydd Mawrth 5ed Awst Dydd Mercher 6ed Awst Dydd Iau 7 Awst Dydd Gwener 8fed Awst <u>Dyddiadau Clybiau Haf i blant dros 12 oed (12-16 oed): 9.30AM – 3.30PM</u> Gwyliau'r Haf Wythnos 2 - Dydd Llun 28 Gorffennaf Dydd Mawrth 29 Gorffennaf Dydd Mercher 30 Gorffennaf Dydd Iau 31 Gorffennaf Dydd Gwener 1af Awst
Manylion cyswllt ac archebu	Bydd yr holl archebion yn mynd trwy Elen Jones (Swyddog Comisiynu, Anghenion Cymhleth), Sophie Lawson (Swyddog Monitro Contractau) ac Ayshea Butcher (Brocer). Dilynwch y ddolen hon ar gyfer y ffurflen archebu: https://forms.office.com/e/63JjCuiuie Dyddiad cau'r ffurflen: 31 Mai 2025. Os oes gennych unrhyw ymholiadau, cysylltwch ag Elen Jones, Sophie Lawson ac Ayshea Butcher: elijones@carmarthenshire.gov.uk slawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	£20 y sesiwn

Service Provider	Crossroads Summer Club (Under and Over 12s)
What will be provided?	The Under and Over 12s provision will both be at the Myrddin Unit, Carmarthen, SA31 1TE.
Who is it for?	Children and young people with a disability, who cannot access mainstream clubs. <u>Summer Club Dates for Under 12's (4-11 years): 9.30AM – 3.30PM</u> Summer Holidays Week 3 - Monday 4th August Tuesday 5th August Wednesday 6th August Thursday 7th August Friday 8th August <u>Summer Club Dates for Over 12's (12-16 years): 9.30AM – 3.30PM</u> Summer Holidays Week 2 - Monday 28th July Tuesday 29th July Wednesday 30th July Thursday 31st July Friday 1st August
Contact and Booking Details	All bookings will go through Elen Jones (Commissioning Officer, Complex Needs), Sophie Lawson (Contract Monitoring Officer) and Ayshea Butcher (Broker). Please follow this link for the Summer booking form: https://forms.office.com/e/63JjCuiuie Form closing date: 31st May 2025. Any queries, please contact Elen Jones, Sophie Lawson and Ayshea Butcher: elijones@carmarthenshire.gov.uk slawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	£20 per session

Darparwr Gwasanaeth	Teithiau Haf Crossroads (pobl ifanc 17–25 oed)
Beth fydd yn cael ei ddarparu?	Amrywiaeth o deithiau i bobl ifanc. Lleoliad y teithiau fydd Uned Myrddin, Caerfyrddin, SA31 1TE.
Ar gyfer pwy ydyw?	Pobl ifanc anabl ac oedolion ag anghenion cymhleth 17-25 oed. Mae lleoedd yn gyfyngedig. <u>Dyddiadau Taith:</u> Gwyliau'r Haf Wythnos 1 - Dydd Llun 21 Gorffennaf Dydd Gwener 25 Gorffennaf Gwyliau'r Haf Wythnos 4 - Dydd Llun 11eg Awst Dydd Gwener 15 Awst
Cyswllt ac Archebu	Bydd holl archebion Clwb Haf yn mynd trwy Elen Jones (Swyddog Comisiynu, Anghenion Cymhleth), Sophie Lawson (Swyddog Monitro Contractau) ac Ayshea Butcher (Brocer). Dilynwch y ddolen hon ar gyfer y ffurflen archebu: https://forms.office.com/e/P6bRiY9uXv Dyddiad cau'r ffurflen: 31 Mai 2025. Os oes gennych unrhyw ymholiadau, cysylltwch ag Elen Jones, Sophie Lawson ac Ayshea Butcher: elijones@carmarthenshire.gov.uk slawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	£20 y daith

Service Provider	Crossroads Summer Trips (17–25 Year olds)
What will be provided?	A variety of trips for Young People. The base location for the trips will be the Myrddin Unit, Carmarthen, SA31 1TE.
Who is it for?	Disabled young people and adults with complex needs aged 17-25 years old. Spaces are limited. <u>Trip Dates:</u> Summer Holidays Week 1 - Monday 21st July Friday 25th July Summer Holidays Week 4 - Monday 11th August Friday 15th August
Contact and Bookings	All Summer Club bookings will go through Elen Jones (Commissioning Officer, Complex Needs), Sophie Lawson (Contract Monitoring Officer) and Ayshea Butcher (Broker). Please follow this link for the booking form: https://forms.office.com/e/P6bRiY9uXv Form closing date: 31st May 2025. Any queries, please contact Elen Jones, Sophie Lawson and Ayshea Butcher: elijones@carmarthenshire.gov.uk slawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	£20 per trip

Darparwr Gwasanaeth	Breakthro'
Beth fydd yn cael ei ddarparu?	Mae Breakthro' yn parhau i ddarparu gweithgareddau clybiau gwyliau a phenwythnosau arbenigol i blant a phobl ifanc anabl yn eu canolfan yn Nantgaredig.
Ar gyfer pwy ydyw?	Plant anabl a phobl ifanc 4-18 oed ag anghenion cymhleth. Mae lleoedd yn gyfyngedig a byddant yn cael eu blaenoriaethu ar gyfer plant/pobl ifanc sy 'n mynychu darpariaeth addysg arbenigol yn ardal Caerfyrddin. Bydd nifer fach o leoedd ychwanegol ar gael, cysylltwch â'ch gweithiwr cymdeithasol i holi mynediad i'r clwb. Bydd Breakthro' yn darparu sesiynau clwb gwyliau yn ystod y Pasg, Mai, Haf a Hydref.
Manylion cyswllt ac archebu	Mae'r holl archebion yn cael eu rheoli gan Carmarthen Breakthro'.
Cost	£20 y sesiwn

Service Provider	Breakthro'
What will be provided?	Breakthro' are continuing to provide specialist holiday club and weekend activities for disabled children and young people at their base in Nantgaredig.
Who is it for?	Disabled children and young people aged 4-18 years with complex needs. Spaces are limited and will be prioritised for children/young people who attend specialist education provision in the Carmarthen area. There will be a small number of additional places available, please contact your social worker to query accessing the club. Breakthro' will be providing holiday club sessions during Easter, May, Summer, and October.
Contact and Booking Details	All bookings are managed by Carmarthen Breakthro'.
Cost	£20 per session

2. Non-Specialist Provision

Darparwr Gwasanaeth	Cywion Bach
Beth fydd yn cael ei ddarparu?	Ysgolion coedwig y Pasg a chlwb haf. Gweithgareddau awyr agored yn y coetiroedd ar safle Cywion Bach. Bydd gwahanol weithgareddau ar waith bob dydd Mawrth a dydd Iau, gweler y dyddiadau isod. Bydd y diwrnodau gweithgareddau wedi'u lleoli yn Cywion Bach, Yr Hen Ysgol, Idole, Caerfyrddin SA32 8EB.
Ar gyfer pwy ydyw?	Plant ag anabledd 4-8 oed nad ydynt yn gallu cael mynediad at glybiau prif ffrwd. Amser: 10:00am – 3:00pm <u>Dyddiadau Clwb y Pasg</u> Dydd Mawrth 15 Ebrill Dydd Iau 17 Ebrill Dydd Mawrth 22 Ebrill Dydd Iau 24 Ebrill <u>Dyddiadau Clybiau Haf</u> Wythnos 2 Gwyliau'r Haf – Wythnos 3 Gwyliau'r Haf – Dydd Mawrth 29 Gorffennaf Dydd Mawrth 5ed Awst Dydd Iau 31 Gorffennaf Dydd Iau 7 Awst Gwyliau'r Haf Wythnos 4 – Gwyliau'r Haf Wythnos 5 – Dydd Mawrth 12 Awst Dydd Mawrth 19 Awst Dydd Iau 14 Awst Dydd Iau 21 Awst Wythnos 6 Gwyliau'r Haf – Dydd Mawrth 26 Awst Dydd Iau 28 Awst
Manylion cyswllt ac archebu	Bydd yr holl archebion yn mynd trwy Elen Jones (Swyddog Comisiynu, Anghenion Cymhleth), Sophie Lawson (Swyddog Monitro Contractau) ac Aloyshea Butcher (Brocer). Mae sesiynau'r Pasg eisoes wedi'u hysbysebu, eu harchebu a'u dyrannu. Dilynwch y ddolen hon ar gyfer ffurflen archebu'r Haf:

	https://forms.office.com/e/niDttpa8Q4 Dyddiad cau'r ffurflen: 31 Mai 2025. Os oes gennych unrhyw ymholiadau, cysylltwch ag Elen Jones, Sophie Lawson ac Ayshea Butcher: elijones@carmarthenshire.gov.uk sllawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	£20 y sesiwn

Service Provider	Cywion Bach
What will be provided?	Forest schools Easter and Summer club. Outdoor activities in the woodlands on the premises of Cywion Bach. There will be different activities in place every Tuesday and Thursday, please see dates below. The activities days will be based at Cywion Bach, Yr Hen Ysgol, Idole, Carmarthen SA32 8EB.
Who is it for?	Children with a disability age 4-8 years who cannot access mainstream clubs. Time: 10:00am – 3:00pm <u>Easter Club Dates</u> Tuesday 15th April Thursday 17th April Tuesday 22nd April Thursday 24th April <u>Summer Club Dates</u> Summer Holidays Week 2 – Tuesday 29th July Thursday 31st July Summer Holidays Week 3 – Tuesday 5th August Thursday 7th August Summer Holidays Week 4 – Tuesday 12th August Thursday 14th August Summer Holidays Week 5 – Tuesday 19th August Thursday 21st August Summer Holidays Week 6 – Tuesday 26th August Thursday 28th August
Contact and Booking Details	All bookings will go through Elen Jones (Commissioning Officer, Complex Needs), Sophie Lawson (Contract Monitoring Officer) and Ayshea Butcher (Broker). Easter sessions have already been advertised, booked, and allocated. Please follow this link for the Summer booking form: https://forms.office.com/e/niDttpa8Q4 Form closing date: 31st May 2025.

	Any queries, please contact Elen Jones, Sophie Lawson and Aeysha Butcher: elijones@carmarthenshire.gov.uk slawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	£20 per session

Darparwr Gwasanaeth	Plantos Pysur
Beth fydd yn cael ei ddarparu?	Clwb y Pasg a'r Haf. Amrywiaeth o weithgareddau dan do ac awyr agored bob sesiwn. Bydd y clwb wedi'i leoli yn Plantos Pysur, Old Road School, Ysgol Hen Heol, Llanelli, SA15 3HW.
Ar gyfer pwy ydyw?	Plant ag anabledd 4-8 oed. Amser: 9:00am – 1.00pm <u>Dyddiadau Clwb y Pasg</u> Dydd Iau 17 Ebrill <u>Dyddiadau Clybiau Haf</u> Wythnos 6 Gwyliau'r Haf – Dydd Mawrth 26 Awst
Manylion cyswllt ac archebu	Bydd yr holl archebion yn mynd trwy Elen Jones (Swyddog Comisiynu, Anghenion Cymhleth), Sophie Lawson (Swyddog Monitro Contractau) ac Ayshea Butcher (Brocer). Mae sesiynau'r Pasg eisoes wedi'u hysbysebu, eu harchebu a'u dyrannu. Dilynwch y ddolen hon ar gyfer ffurflen archebu'r Haf: https://forms.office.com/e/V3sM8nqaw9 Dyddiad cau'r ffurflen: 31 Mai 2025. Os oes gennych unrhyw ymholiadau, cysylltwch ag Elen Jones, Sophie Lawson ac Ayshea Butcher: elijones@carmarthenshire.gov.uk slawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	£15 y sesiwn

Service Provider	Plantos Prysur
What will be provided?	Easter and Summer club. A variety of indoor and outdoor activities each session. The club will be based at Plantos Prysur, Old Road School, Ysgol Hen Heol, Llanelli, SA15 3HW.
Who is it for?	Children with a disability aged 4-8 years. Time: 9:00am – 1.00pm <u>Easter Club Dates</u> Thursday 17th April <u>Summer Club Dates</u> Summer Holidays Week 6 – Tuesday 26th August
Contact and Booking Details	All bookings will go through Elen Jones (Commissioning Officer, Complex Needs), Sophie Lawson (Contract Monitoring Officer) and Ayshea Butcher (Broker). Easter sessions have already been advertised, booked, and allocated. Please follow this link for the Summer booking form: https://forms.office.com/e/V3sM8ngaw9 Form closing date: 31st May 2025. Any queries, please contact Elen Jones, Sophie Lawson and Ayshea Butcher: elijones@carmarthenshire.gov.uk sllawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	£15 per session

Darparwr Gwasanaeth	Actif Sir Gâr (pobl ifanc 17–25 oed)
Beth fydd yn cael ei ddarparu?	Bydd Actif Sir Gâr yn darparu diwrnodau clybiau chwaraeon drwy gydol gwyliau'r haf yn Y Neuadd, Cefneithin, SA14 7DE. Bydd amrywiaeth o weithgareddau y dydd gan gynnwys gemau pêl aml-sgiliau, a gemau cymdeithasol fel dartiau magnetig, golff, cyrlio, a boccia. Bydd offer synhwyraidd hefyd ar gael.
Ar gyfer pwy ydyw?	Pobl ifanc ag anabledd 17-25 oed. Amser: 9:00am – 3:00pm <u>Dyddiadau Clybiau Haf</u> Dydd Llun 28 Gorffennaf Dydd Llun 4ydd Awst Dydd Llun 18 Awst
Manylion cyswllt ac archebu	Bydd yr holl archebion yn mynd trwy Elen Jones (Swyddog Comisiynu, Anghenion Cymhleth), Sophie Lawson (Swyddog Monitro Contractau) ac Ayshea Butcher (Brocer). Dilynwch y ddolen hon ar gyfer ffurflen archebu'r Haf: https://forms.office.com/e/uTJqGJVPfq Dyddiad cau'r ffurflen: 31 Mai 2025. Unrhyw ymholiadau cysylltwch ag Elen Jones, Sophie Lawson ac Ayshea Butcher: elijones@carmarthenshire.gov.uk slawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	TBC

Service Provider	Actif Sir Gar (17–25 Year olds)
What will be provided?	Actif Sir Gar will be providing sports club days throughout the summer holidays at Y Neuadd, Cefneithin, SA14 7DE. There will be a variety of activities per day including multi skill ball games, and social games such as magnetic darts, golf, curling, and boccia. Sensory equipment will also be available.
Who is it for?	Young People with a disability aged 17-25 years old. Time: 9:00am – 3:00pm <u>Summer Club Dates</u> Monday 28th July Monday 4th August Monday 18th August
Contact and Booking Details	All bookings will go through Elen Jones (Commissioning Officer, Complex Needs), Sophie Lawson (Contract Monitoring Officer) and Ayshea Butcher (Broker). Please follow this link for the Summer booking form: https://forms.office.com/e/uTJqGJVPfq Form closing date: 31st May 2025. Any queries contact Elen Jones, Sophie Lawson and Ayshea Butcher: elijones@carmarthenshire.gov.uk slawson@carmarthenshire.gov.uk aebutcher@carmarthenshire.gov.uk
Cost	TBC

Darparwr Gwasanaeth	Actif Sir Gâr - SenseSport
Beth fydd yn cael ei ddarparu?	Sesiynau SenseSport yng Nghanolfan Hamdden Llanelli yn dechrau 27 Ebrill 2025. Sesiynau aml-weithgaredd i blant a phobl ifanc ag Anghenion Dysgu Ychwanegol.
Ar gyfer pwy ydyw?	Bydd y sesiynau hollgynhwysol hyn yn cynnwys llawer o hwyl, digon o gemau a chyfleoedd cymdeithasol hefyd. Rydym yn cefnogi pob anghenion o Awtistiaeth (ASD), Anhwylder Diffyg Sylw a Gorfywigrwydd (ADHD), anableddau dysgu ysgafn i anableddau corfforol, mae croeso i bawb. <u>SenseSport (16 oed a hŷn)</u> Bob dydd Mercher 11am-12pm <u>Mini SenseSport (16 oed ac iau)</u> Unwaith y mis, ar y Sul olaf 10:30am tan 11:30am
Manylion cyswllt ac archebu	Gellir archebu lleoedd ar Ap Actif neu wefan. Am ragor o fanylion ynglŷn â chlybiau ac addasrwydd, cysylltwch â'r Ganolfan Hamdden 01554 774757 a gofynnwch am siarad â chydlynnydd y clwb plant.
Cost	£5 y sesiwn

Service Provider	Actif Sir Gar - SenseSport
What will be provided?	SenseSport Sessions at Llanelli Leisure Centre starting 27th April 2025. Multi-activity sessions for children and young people with Additional Learning Needs.
Who is it for?	These all-inclusive sessions will involve lots of fun, plenty of games and social opportunity too. They support all needs from Autism (ASD), attention deficit hyperactivity disorder (ADHD), mild learning disabilities to physical disabilities, everyone is welcome. <u>SenseSport (16 years and over)</u> Every Wednesday 11am- 12pm <u>Mini SenseSport (16 years and under)</u> Once a month, on the last Sunday 10:30am till 11:30am
Contact and Booking Details	Places can be booked on the Actif App or website. For further details regarding clubs and suitability, please contact the Leisure Centre 01554 774757 and ask to speak to the children's club coordinator.
Cost	£5 per session

Clybiau Prif Ffrwd a all gefnogi Plant Anabl

Bydd **Actif Sir Gâr** yn cynnal nifer o glybiau yr haf hwn ar draws Caerfyrddin, Llanelli a Rhydaman. Nid yw'r dyddiadau wedi cael eu cadarnhau eto, ond mae'r cydlynwyr gweithgareddau wedi awgrymu y dylech gadw llygad ar y wefan i gael rhagor o fanylion.

<https://www.aktif.wales/community-sport/children-and-young-people/>

I gael gwybodaeth am glybiau ac addasrwydd, cysylltwch â'r Ganolfan Hamdden gan ofyn am gael siarad â chydlynnydd y clwb gwyliau.

I gael rhagor o wybodaeth neu gymorth, cysylltwch â:

Elen Jones Swyddog Comisiynu (Anghenion Cymhleth), Sophie Lawson (Swyddog Monitro Contract) a Ayshea Butcher (Anghenion Cymhleth):

elijones@sirgar.gov.uk

sllawson@carmarthenshire.gov.uk

aebutcher@carmarthenshire.gov.uk

Mainstream Clubs that can support Disabled Children

Actif Sir Gar will be running a number of clubs this summer across Carmarthen, Llanelli and Ammanford.

Dates have not been finalised yet, however the activity coordinators have suggested keeping an eye on the website for further details.

<https://www.aktif.wales/community-sport/children-and-young-people/>

For further details regarding clubs and suitability, please contact the Leisure Centre and ask to speak to the holiday club coordinator.

If you require further information or support, please contact:

Elen Jones Commissioning Officer (Complex needs), Sophie Lawson (Contract Monitoring Officer) and Ayshea Butcher (Broker):

elijones@carmarthenshire.gov.uk

sllawson@carmarthenshire.gov.uk

aebutcher@carmarthenshire.gov.uk