

CARERS WEEK WELLBEING AND INFORMATION DAY

HaverHUB: The old Post Office, SA61 1BG



**The event will include information stands
from local organisations from 11am and**



Free
Refreshments



11:30am
Money
Matters
Talk



12:30 - 3:00pm
Complementary
Therapy
Tasters



Plus
VR Manual
Handling
Sessions

Date: Friday 13th June

Venue: Haverhub, Quat St, Haverfordwest, SA61 1BG

Time: 11.00am – 3.00pm

**Further information 0300 0200 002
email: carerssupportpembs@ctcww.org.uk**

**No need
to book**



Ariennir gan
Lywodraeth Cymru
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