



Bwrdd Partneriaeth
Rhanbarthol
Gorllewin Cymru

West Wales
Regional Partnership
Board



WEST WALES REGIONAL PARTNERSHIP BOARD NEWSLETTER



A very warm welcome to the April edition of the West Wales Regional Partnership Board Newsletter.

This newsletter highlights what the team and wider partners have been up to over the past month.



Gweithio mewn partneriaeth gyda
Llywodraeth Cymru

Working in partnership with
Welsh Government

West Wales Neurodivergence Support Drop In Event

On Wednesday, 26th March at the Parc Dewi Sant chapel and Living Well Centre, we hosted the West Wales Neurodivergence Support Drop In Event funded through the Welsh Government Neurodivergence Improvement Programme (NDIP).





Over 170 members of the public and 100 staff engaged with over 55 public, private, and third sector organisations at the event. It successfully promoted networking and awareness of West Wales support services was.

Attendees also had the opportunity to take part in a Physical Empowerment Class, Tumble Lindy Jop Jive dance class, Assist My Life demos and a People Speak Up art group.

See everyone who attended on the link here: [West Wales Neurodivergence Support Event 2025 – West Wales Regional Partnership Board](#)







Radio GBM - Did you listen to the WWRPB Conference and Awards special?



Relive the excitement of the WWRPB Conference and Awards! Radio GBM captured all the highlights, including the insightful speech from MS Dawn Bowden, the engaging RPB Q&A, and the thrilling award nominees. Then compiled it all into a special radio show! For the complete recording (music-free), click the link here:

https://www.youtube.com/watch?v=0CmHZ_TGDok

What is advocacy?

The role of the advocate is to help people communicate with an effective voice, enabling them to influence decisions that affect their lives. An advocate acts with or on behalf of another person to establish or promote that person's rights.

The Citizen and Third Sector Engagement Board welcomed Kevin (Prevention Programme and Change Manager) and Peggy (3 CIPA) to the board meeting on the 22nd April to

highlight the importance of advocacy and feedback what can be done to share this information around the region.



1 - The diagram , produced by the Golden Thread Advocacy Project, illustrates the spectrum of advocacy provision.

Advocacy comes in many forms, and it's vital to raise awareness that help is available for those who need it. We all share a responsibility in connecting people with the advocacy support they may find valuable.

In West Wales, 3 CIPA are a partnership of experienced and qualified advocates who are commissioned by the three local authorities in Carmarthenshire, Ceredigion and Pembrokeshire to provide Independent Professional Advocacy in Welsh or English across the three counties. They have been recognised for the excellence of their service provision by the award of the quality performance mark (QPM) for advocacy services.

They have a single point of contact on: 0800 2061387

And their email is: info@cipawales.org.uk

More information can be found on the link here: [Home - 3CIPA](#)

Their service is free, confidential and independent of all other services.

West Wales Communication and Engagement Drop-In

This is a monthly informal West Wales Communications and Engagement Drop-in. A meeting open to the public sector, private organisations, third sector organisations and support groups (with over 100 members!). The meeting has a recurring agenda, with the aim to reduce duplication and improve communication and engagement across the region. The agenda includes:

- Introductions
- Any ongoing engagement work, its purpose and intended outcomes (e.g. surveys, consultations, workshops or marketing campaigns across the West Wales – a space to discuss sharing resources and identifying relevant collaboration.)

- Any planned events ongoing across the region (e.g. target audience, purpose, who is supporting/ attending)
- Any research required (e.g. a space to share previously conducted research, engagement, consultation, etc. (following GDPR))
- AOB

The next meeting is on May 7th 10am to 11am, message us for the diary marker and please share with your network who may be interested.

HDUHB Community Pharmacy UTI (Urinary Tract Infections) testing and treatment service

This pilot from Hywel Dda University Health Board was apart of the Bevan Exemplars programme . The service was brought into national commissioning in June last year and has delivered 12,000 consultations across Wales in 10 months with approximately 50% of pharmacies across Wales offering the service. The service will become a mandatory part of CAS from October.

The Bevan Exemplars kindly let us share their pilot write up with you (data taken from 2022):

A community pharmacy based UTI (Urinary Tract Infections) testing & treatment service which would support medical practices, NHS 111, GP Out of Hours (OOH) and potentially MIU units with presentations of patients that have uncomplicated lower urinary tract infections, by offering a means of referral to participating pharmacies.

This service is currently not available as an enhanced service in Wales. There are private services available which are paid for by the patient which can be costly and not always convenient as there are only a very small number of pharmacies who offer the service.

✅ over 1,200 patients, with 71% saying they would otherwise have needed a GP appointment.

This translates to:

✅ an estimated 1,300 appointments saved and;

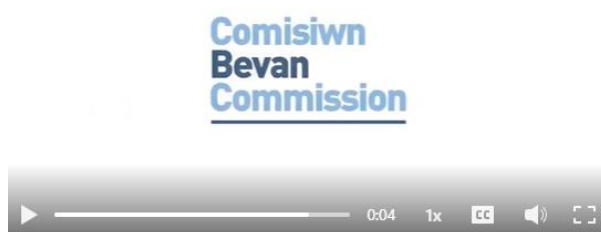
✅ £34,802 in cost savings annually for the health board – demonstrating a clear win for patient access and NHS efficiency.

The potential impact if scaled across Wales is significant:

✅ freeing up around 10,400 GP appointments and saving an estimated £285,555 per year.

Read more on the project through the link here: [HDUHB Community Pharmacy UTI \(Urinary Tract Infections\) testing and treatment service - Bevan Commission](#)

Read the full report on the link here: [Why wait? - Bevan Commission](#)



They've got a great video breakdown of the project on their LinkedIn. Follow them and take a look on the link here: https://www.linkedin.com/posts/bevan-commission_healthcareinnovation-communitypharmacy-nhswales-activity-7315744723837620224-r48N?utm_source=share&utm_medium=member_desktop&rcm=ACoAABltxasBY9go9HQo7_aAGfoMG-GPwTubDpE

Time out For Carers Fund Round 3



A message from Pembrokeshire Association of Volunteers (PAVS):

Time Out for Carers Fund is now open to applications, with revenue funding of up to £4,000 towards projects offering short breaks for unpaid carers in Pembrokeshire until March 2026.

The fund aims to increase the availability and accessibility of short breaks and to support projects providing personalised breaks for unpaid carers in Pembrokeshire by funding the voluntary community sector & Town/ Community Councils to develop creative ideas to support carers to take breaks from caring.

More information can be found on the link here: [Apply for Funds | Pembrokeshire Association of Voluntary Services](#)

Please email development@pavs.org.uk with any queries!

Funding Deadline

Monday 12th May 2025 at 12noon.

Get up to 30 hours of funded child care! - *Check if you're eligible.*



A message from one of our partners:

The Welsh Government's Childcare Offer for Wales means that many parents of 3 to 4 year olds can receive help with childcare costs.

This means 30 hours of early education (also referred to as nursery education) and childcare in Wales for eligible parents. The 30 hours is made up of a minimum of 10 hours of early education a week and a maximum of 20 hours a week of childcare.

This is usually from the term after the child's third birthday, until they are eligible to receive a full-time education (school) place - usually the September after their fourth birthday

[Find out more about the Childcare Offer for Wales.](#)

Upcoming Events

Citizen and Third Sector Engagement Board

We welcome new members to the board, our next meeting is on **Tuesday 17th June 2025** and we would love to see you.

Please message us at wwrpb@carmarthenshire.gov.uk.

What's on in May?

01.05.25 - Organisation Support Drop in 11am to 1pm ran by NACRO at Neuadd Tysul Hall, New Road, Llandysul SA44 4QL.

02.05.25 - Sound Bath in the Chapel at Parc Dewi Sant. Two sessions, running at 10 am - 11:30am and 1pm - 2:30pm. Free to attend but booking is required on the link here: [Sound Healing at the Chapel @ Parc Dewi Sant Tickets, Fri, May 2, 2025 at 10:00 AM | Eventbrite.](#)

14.05.25 - Organisation Support Drop in 11am to 1pm ran by NACRO at Our Lady Queen of Peace RC Church, Castle Street, Newcastle Emlyn SA38 9AF.

15.05.25 - Keeping Well Roadshow Pembrokeshire 10am to 3pm at the Regency Hall, Saundersfoot.

16.05.25 - Employment Support Drop 11am to 1pm at the Carmarthen Excel Foodbank, Old Llansteffan Road, Carmarthen SA31 3BP.

19.05.25 - Organisation Support Drop in 11am to 1pm ran by NACRO at Llandovery Youth & Community Centre, Gerwyn House, 19th Market Square, Llandovery SA20 0AB.

20.05.25 - Organisation Support Drop in 11am to 1pm ran by NACRO at Llandeilo Civic Hall, 17 Crescent Road, Llandeilo SA19 6HW.

30.05.25 - Organisation Support Drop in 11am to 1pm ran by NACRO at Y Gat-The Gate, Pentre Road, St Clears, SA33 4AA.

30.05.25 - Employment Support Drop in 10am to 12pm at Ammanford Foodbank, Y Llusern, Wind Street, Ammanford 3DR.

Funded by UK Government Wedi ei ariannu ga Llywodraeth y DU

connectingcarmarthenshire.wales

Nacro 

Llandeilo
Digwyddiad Amlasiantaeth Byw'n Dda
Living Well Multi Agency Drop In

Ydych chi, eich teulu neu ffrindiau yn cael eu heffeithiog?
Iechyd Meddwl
Cyfrifoldebau gofalu
Dyled, Budd-daliadau a Materion Ariannol
Iechyd Corfforol / Salwch Tymor Hir / Cyflyrau Materion Tai
Cam-drin Domestig neu unrhyw beth arall...

Are you, your family or friends affected by?
Mental Health
Caring responsibilities
Debt, Benefit & Financial Issues
Physical Health Conditions / Long Term Illnesses
Housing Related Issues
Domestic Abuse or anything else...

11:00-13:00

Galw-Heilio
Nid oes angen apwyntiad
Drop-in
No appointment necessary

Ydych chi angen cefnogaeth gyda:
Ynysu cymdeithasol
Dod i adnabod eich cymuned leol?
Cymorth Cyflogaeth
Gwirfoddoli
Cyflenwad Ynni
Cynhaliadau Profedigaeth neu unrhyw beth arall...

Do you need support with:
Social Isolation
Getting to know your local community?
Employment Support
Volunteering
Energy Supply
Bereavement Support or anything else...

Neuadd Ddinesig
Civic Hall

Llandeilo
SA19 6HW

Lluniaeth am ddim
Free Refreshments

Cefnogydd gan Supported by


Trydydd dydd Mawrth y mis
Third Tuesday of the Month

#CysylltuSirGâr
#ConnectingCarmarthenshire
#ConnectCarmarthenshire

communityhub@nacro.org.uk

0800 917 6255

Pembrokeshire Keeping Well Roadshow!

Please share with your network.



Your Well-Being is IMPORTANT

A variety of teams from Hywel Dda University Health Board, Pembrokeshire Association of Voluntary Services and Pembrokeshire County Council are holding events across Pembrokeshire for you to pop in and have a chat about keeping well.

WHAT'S ON OFFER AT THE EVENTS

- ✓ Health Care Services
- ✓ Community Hub - One Call That's all
- ✓ Occupational Therapies
- ✓ Community Alarms and Technology
- ✓ Blood Pressure Testing
- ✓ Carers Information

15 MAY 2025 Crymych Bro Preseli (next door to the surgery)	10 JUNE 2025 Pembroke Dock VC Gallery	18 JULY 2025 Saundersfoot Regency Hall
14 AUGUST 2025 Hakin & Hubberston Community Centre	18 SEPTEMBER 2025 St Davids Rugby Club	21 NOVEMBER 2025 Haverfordwest Leisure Centre



Boarded iechyd Prifysgol
Hywel Dda
University Health Board



Heol Cymunedol
24 Bwrdd
Pembrokeshire
Community Hub



Cyngor Sir Penfro
Pembrokeshire County Council



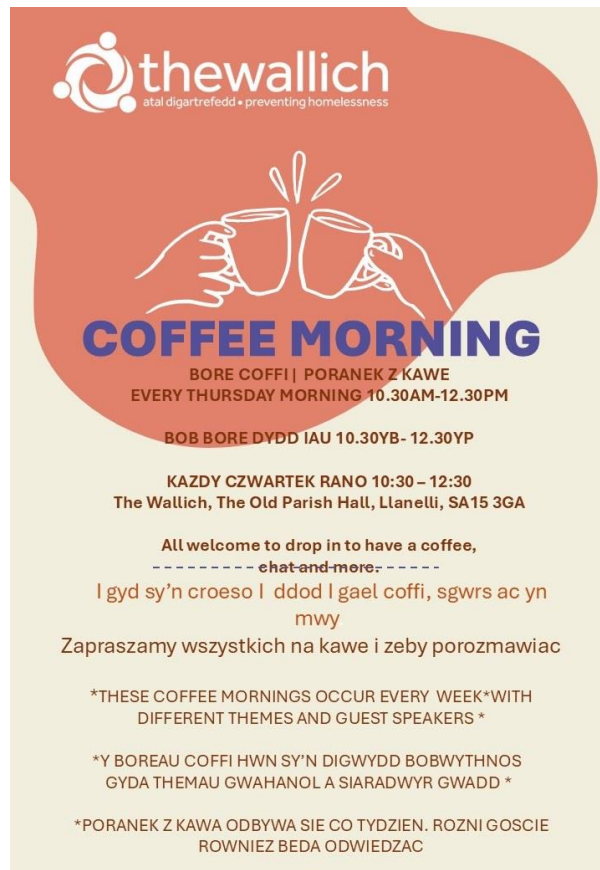
Contact Us
01437 723660



enquiries@pembrokeshirecommunityhub.org

The Wallich - Drop In for Housing Support

Please share with your network.



Are you following us?

We have recently started a LinkedIn page, give us a follow and mention us in your posts when you get involved with the work we do. We would love to hear it!



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Contact Us



If you have content you would like to share across our media channels, or any suggestions for future editions please do let us know at wwrpb@carmarthenshire.gov.uk.

The team look forward to hearing from you and developing the newsletter into a useful and informative resource. Your feedback will help us to deliver that and ensures that the newsletter is getting out there and being read!


#WWRPB
@PGGCWWCP

Visit our website
to stay up-to-date:

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