

Don't call it a dream...
...Call it a plan. Threshold

free training.

Are you interested
in free training?

Threshold DAS welcomes
participants living or working
in Carmarthenshire, aged 18
and over, in participating in
accredited/ unaccredited
training across a wide range
of subject areas.

Free training is available in the following subjects:

- Environmental Awareness
- Paediatric First Aid
- Personal Money Management
- Customer Service
- Understanding Safeguarding
- Slow Cooking on a Budget
- Domestic Abuse Awareness
- Team Building
- Online Safety
- Managing Anxiety
- Recycling & Using Materials
- Equality & Diversity

...and more!

Interested?

Please contact Melissa at
msselby@threshold-das.org.uk

or on **07494866899**

for more information regarding these courses.

We offer a wide range of courses to support our community. Please note that course delivery depends on learner demand and tutor availability. Please register your interest by contacting us.