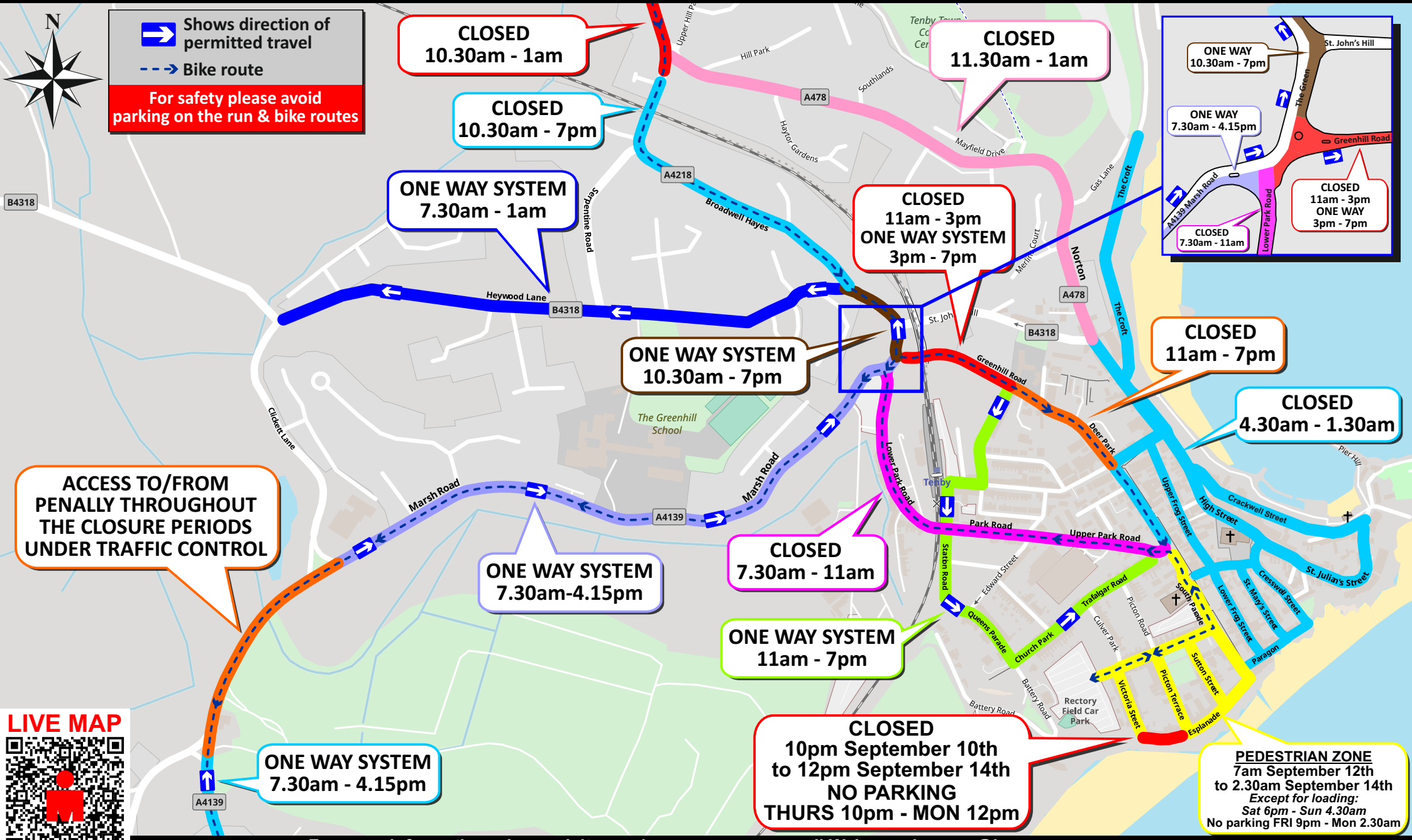
IRONMAN WALES CYMRU
PEMBROKESHIRE SIR BENFRO

TENBY ROUTE & ACCESS OVERVIEW
SUNDAY 13 SEPTEMBER 2026



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